

I CLAIM:

1. A shoe sole comprising:
a heel portion and a front portion, and
a resilient cushioning device engaged in said heel portion of
5 said shoe sole for cushioning heel portions of users,

said resilient cushioning device including a first and a second
frame members cross to each other to form an X-shape structure as
seen from side portion of said resilient cushioning device, said first
frame member and said second frame member each including an
10 inclined structure having a front portion and a rear portion, said rear
portion of said first frame member being located above said rear
portion of said second frame member, and said front portion of said
first frame member being located below said front portion of said
second frame member, and

15 said rear portion of said first frame member and said front
portion of said second frame member being suspended in said shoe
sole, and including a resilience to cushion and support the heel
portions of the users.

2. The shoe sole as claimed in claim 1, wherein said first frame
20 member includes a U-shaped structure, as seen from upper portion
thereof, and having a space formed between two legs.

3. The shoe sole as claimed in claim 2, wherein said front
portion of said second frame member is extended upwardly into said
space of said first frame member.

25 4. The shoe sole as claimed in claim 1 further comprising a
resilient member engaged between said rear portions of said first
frame member and said second frame member, to cushion said rear

portion of said first frame member.

5. The shoe sole as claimed in claim 1, wherein said front portion of said second frame member includes at least one reinforcing rib extended therefrom to reinforce said second frame.

5 6. The shoe sole as claimed in claim 1 further comprising a resilient member engaged between said front portions of said first frame member and said second frame member, to cushion said front portion of said second frame member.

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